


Bee Aa'lhayln7g77 d00 Bee Ak'4'asti'7g77 Bee Baa Hane'7g77: D77 Naaltsoos bee Ha'd7t' Bee Ak'4'asti' Biyi' Hoolzhish7g77: 01/01/2022 – 12/31/2022  
 4h7g77 Ha'1t'77 Yee Ak'4'asti'7g77 d00 Ha'1t'77 d77 Bee Ak'4da'asti'7 T'11 Ni Bik'4h Na'ayil4h7g77  
Blue Cross and Blue Shield Service Benefit Plan: FEP Blue Focus Bee Ak'1'asti' biniiy4go: T'1 H0 T'e7y1, H0 d00  
 N11n1 [a' doodgago  
 H0 d00 Hooghan Haz'32gi | Naaltsoos bee  
 Ha'd7t'4h7g77 !t'4: PPO

 D77 Bee Aa'lhayln7g77 d00 Bee Ak'4'asti'7g77 Bee Baa Hane'7g77 (SBC) binaaltsoos 47 d77 ats'77s nlnel'88h biniiy4 hlid77sh99 choid77['88[7g77 yee nika'iilyeed doolee[ naaltsoos bee ha'd7t'4h7g77 hlid77sh99 choid77['88[7g77 yee nika'iilyeed doolee[ D77 SBC 47 hait'4ego ni d00 naaltsoos bee ha'd7t'4h7g77 d77 ats'77s baa'lhayln7g77 bee aka'an7da'awo'7g77 b22h da'il7n7g77 bi[ a[ka'anlnilwo' doolee[7gi 1t'4ego yee nich'8' 77shjln7 7ill4eh doolee[. BAA' !KON&N&ZIN: Baa hane'7g77 b33h 7l9n7g77 d77 naaltsoos bee ha'd7t'4h7g77 (koji' hodiilnih allahdi ln4elt'e' bik'4h nidooly4[7g77 Ooly4) b33h al7n7g77 bee 47 baa hane'7g77 t'11 sahdii h0l=  
 D77 '47 t'00 bee baa hane'7g77 1t'4. T'11 sh--d7 FEHB Naaltsoos bee ha'd7t'4h7g77 biyi' ([RI 71-017]) d77 naaltsoos bee ha'd7t'4h7g77 biyi' bee a[gha'da'deest'ln7g77 t'11 1t'4 bik11'. FEHB Naaltsoos bee ha'd7t'4h7g77 biyi' d77 bee aa'ldahayln7g77 t'11 1't4 t'11 ha'd7n7g77, bee nahaz'ln7g77, d00 doo bidadeet'i'7g77 dabik11'. Bee aa'ldahayln7g77 t'11 a[22 ln11'nii[ doolee[ n11n1 [ad65'g0 naaltsoos had7t'4h7g77 bee nik'ih n11'asti'go, Medicare ldaat'4h7g77 dah. D77 saad dabik1'7g77 t'11 yi[n7n7g77 biniiy4, d77 ldaat'4h7g77 da ln4elt'e' bee ah00t'i'7g77, bee 22h h11jil ln4elt'e' yidzih7g77, b4eso lch'33h naa'nil al22j8' t'11 h0 nijil4h7g77, al22j8' b4eso t'11 h0 nijil4h7g77, b44 hidi'n7[7g77, azee' 77[7n7 an7daajah7g77, doodago n11n1 [a' biyaa da'asdzohgo bee nahaz'ln7g77 biniiy4 Naaltsoos Saad Bee \$4dahozin7g77 biyi' d7d77'88[. FEHB Naaltsoos bee ha'd7t'4h7g77 kohj8' www.fepblue.org/brochure, n7dii[ts0os doolee[, d00 Saad Nidad4esdzoo7g77 kohj8' www.dol.gov/ebsa/healthreform biniiy4 baa nanitla doolee[. Naaltsoos bee 44dahozin7g77 b44 da'alyaa7g77 [a' n7n7zingo biyii4 kohj8 1-800-411-2583 b44sh bee hod7ilnih.

Nida'7diked da'il7n7g77	Bee i[nlhane'7g77	Ha'1t'7ish biniiy4 bee haz'3h:
<b>B44 hidi'n7[7g77 t'11 1t'4go sh2' d7kw77h?</b>	\$500/ T'1 H0 T'e7y1 \$1,000/ H0 d00 N11n1 [a' \$1,000/ H0 doodgago H0 d00 Hooghan Haz'32gi	!t'4h7gi 1t'4ego, b33h al7n7g77 t'11 1t'4 nijil4h bee 22h h11jil7g77, <u>azee' 77[7n7 an7daajah7g77 bich'8' bee dahidi'n7[7j8' ln4elt'e' t'ah bits4edi d77 naaltsoos bee ha'd7t'4h7g77</u> n7'iil4ego hahalzhish7. B4eso t'11 h0 nijil4h7g77 d00 ats'77s b4eso bee lch'33h naa'nil alaaaj8' t'11 h0 nijil4h7g77 daats'7 doo ni <u>b4eso b44hidi'ni[7g77 bik'ihj8' wolta' da, d77 Yasni[t'ees l yoo[kl[go an11halzhish [eh. Bee lka'an7da'awo'7 bee ak'4'asti'7/bee nida'anish7g77</u> <u>b4eso b44hidi'ni[7g77 bideet'i'go</u> , Naaltsoos



		<p>bee Ha'd7t'4h7 bnib4eso t'e7y1 bee 1ka'an7da'awo'7 bee ak'4'asti'7/bee nida'anish7g77 <u>b4eso b44hidi'ni[7g77</u> bik'ihj8' wolta' doolee[. D77 n11n1 [a' nighan haz32gi [a' bizhi' atah dabikla'go <u>naaltsoos</u> bee ha'd7t'4h7g77, d77 nighan haz'32gi atah danilin7g77 47 t'11 b7 yidaneel'32go <u>b44 dahidi'n7[7g77</u> 7ighah a[eehgo akoh 7nda t'11 lt'4 hooghan haz'32gi <u>b44 dahidi'ni[7g77</u> b22h al7n7g77 hooghan haz'32gi yik'4 nida'aleeh <u>b44 dahidi'ni[7g77</u></p>
<p><b>Bee</b> <b>ak1'anida'awo'7i</b> <b>sh [a' d77</b> <b>t'ahdoo b7ighah</b> <b>aleehg00sh bee</b> <b>ak'7da'asti' b44</b> <b>dahidi'n7[7g77?</b></p>	<p>Aoo' Naa[niih bits'33 lhat'98go bee aa'lhayln7g77, 10 azee' 77['7n7 bi[ yah ana'ld1lh, b44sh hane'7/naalkid7 biyi'j8' ats'77stah at'4h7g77 bee ahi[ hane', nitsihodin7d4elgo bee aa'lhayln7g77, t'11 dikw7igo sh99' biniiy4 22h lda'alne'7g77, d00 ats'77s n1k'22s biniiy4 tsah bee na'anish7g77 47 t'ahdoo b44hidi'n7[7g77 b7ighah anil4eh dago bee ak'4'asti' [eh.</p>	<p>D77 <u>naaltsoos</u> bee ha'd7t'4h7g77 b7k'idaazti' t'ladoo le'4 [a' n11lmaat'eh7g77 d00 bee 1k1'an7da'awo'7g77 t'ahdoo b7ighah anil44h 1j7l4ehgo <u>b44 dahidi'ni[7g77</u> an4elt'e'7g77 !ko ndi <u>al22j8' b4eso t'11 h0 nijil4h7g77</u> doodago <u>b4eso 1ch'22h naa'nil al22j8' b4eso t'11 h0 nijil4h7g77</u> daats'7 bee h0l=- doolee[. Binahj8' hane'7g77, d77 <u>naaltsoos</u> bee ha'd7t'4h7g77 t'11 hait'44sh99 yee ak'4'asti' <u>naa[niih bits'22 lhat'98go</u> bee 1ka'an7da'awo'7g77 ] t'11 g44d B33h <u>da'il7n7g77</u> bee <u>ahaanits1hl1kees7g77 [6 d00 t'ahdoo b7ighah anil44hg00go b44 dahidi'n7[7g77</u> Dinii['ii[ n11h4esdzoo7g77 bee ak'4'asti' <u>naa[niih bits'22h lhat'98go</u> bee <u>1ka'an7da'awo'7g77</u> biniiy4 kohj8' <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.</p>
<p><b>[a'</b> <b>1n1lmaat'eh7g77</b> <b>ts'7d1</b> <b>biniiy4h7g77sh</b> <b>b44</b> <b>dahidi'n7[7g77sh</b> <b>[a' n1ldahol=</b> <b>bee</b> <b>1ka'an7da'awo'7g</b> <b>77?</b></p>	<p>Dooda</p>	<p>T'ladoo b7ighah 7inilaada nidi t'11 ako <u>b44 dahidi'ni[7g77</u> [a' n1ldahol= bee 1ka'an7da'awo'7g77.</p>

Bee nahaz'ln7g77 d00 bee h1 adahaz't'i'7g77 bee baa hane' biniiy4go, FEHB Naaltsoos bee ha'd7t'4h7g77 biyi' [RI 71-017] kohj8' [www.fepblue.org/brochure] biniiy4 baa nanitla doolee[.

<p><b>Ha'lt'7ish</b> <b><u>ats'aazis</u></b> <b><u>biyi'doo</u></b> <b><u>nijil4h7g77 yee</u></b> <b><u>haz'3' d77</u></b> <b><u>naaltsoos bee</u></b> <b><u>ha'd7t'4h7g77?</u></b></p>	<p>\$ <u>8,500</u>/ T'1 H0 T'e7y1 \$ <u>17,000</u>/ H0 d00 N11n1 [a' \$ <u>17,000</u>/ H0 doodgago H0 d00 Hooghan Haz'32ggi</p>	<p>D77 <u>ats'aazis biyi'doo nijil4h7g77 bee haz'1n7g77</u> 47 [a' n11haij8' allahgo bik'4h nid77144[ bee 1ka'an7da'awo' bee ak'4'asti'7g77. D77 n11n1 [a' nighan haz32gi [a' bizhi' atah dabikla'gonaaltsoos <u>bee ha'd7t'4h7g77 d77</u> [a' naaz7h t'11sahdii atah danilin7g77 47 t'11 b7 yidaneel'32go <u>ats'aazis biyi'doo nijil4h7g77 bee haz'1n7g77</u> 7ighah a[eehgo akoh 7nda t'11 lt'4 hooghan haz'32gi <u>ats'aazis biyi'd00 nijil4h7g77 bee haz'1n7g77</u> b7ighah yileeh.</p>
<p><b>Ha'lt'7ish doo</b> <b>b00lta' da 47</b> <b><u>ats'aazis</u></b> <b><u>biyi'doo</u></b> <b><u>nijil4h7g77 bee</u></b> <b><u>haz'1n7g77?</u></b></p>	<p><u>!n4elt'e' b22h</u> <u>al7n7g77, bee 22h</u> <u>h11jil 1n4elt'e'</u> <u>yidzih7g77</u> bee 22h h11jil7g77, d00 'ats'77s baa'ahay3 d77 <u>naaltsoos bee</u> <u>ha'd7t'4h7g77</u> doo yik'4'asti'7g77, d00 bee 1ka'an7da'awo'7 biniiy4 al22j8' naaltsoos bee 13' aleehgo bi'iln7h7g77 t'ladoo nizhdii[tsoozg00go biniinaa n1ly44h h0l=- doolee[.</p>	<p>Azh3sh99 d77 b33h da'al7n7g77 bik'4h n7'77nilla nidi, doo bik'ij8' w0lta' da doolee[ <u>ats'aazis biyi'd00 nijil4h7g77 bee haz'1n7g77.</u></p>
<p><b>T'11 hoyahgo</b> <b>nid77144[ <u>Azee'</u></b> <b><u>&amp;7['7n7</u></b> <b><u>An7daajah7g77</u></b> <b>Hone'4-Bi[</b> <b>Nida'anish7g77</b> <b>chois7ni[88dgo7s</b> <b>h 3]?</b></p>	<p>Aoo' <u>Azee' 77['7n7 bi[</u> <u>nida'anish7g77</u> dabizhi' n11h4esdzoo7g77 biniiy4go kohj8' provider.fepblue.org baa ninit1 d00dago ni[ haz'32di BCBS bi[ nahaz'1n7g77 bich'8' hod7ilnih .</p>	<p>D77 <u>naaltoos bee ha'd7t'4h7g7747 d77 choyool '8_azez'</u> <u>77['7n7 an7daajah7g77 bi[ nida'anish77.</u> D77 chois7ni['88dgo t'11 hoyahgo nid77144[ <u>bi[ nida'anish7g77</u> d77 Naaltsoos bee ha'd7t'4h7g77 biyi'azez' 77['7n7 an7daajah7g77. D77 chois7ni['88dgo l2'7 nid77144[ <u>T['00d66'-Bi[ Nida'anish7g77</u> <u>azez' 77[7n7 an7daajah7g77</u> d00 bee 22h22jil7g77 daats'7 [a' nich'8' 77144h doolee[ <u>azez' 77[7n7 an7daajah7g77</u> d77 d7kw77sh99 b77'0h7g77 <u>azez' 77[7n7 an7daajah7g77</u> bee 22haajil7g77 d00 ni naaltoos bee ha'd7t'4h7g77g7 neinillh7g77 (bee 22h h11jil 1n4elt'e' yidzih7g77). Baa' 1kon7n7zin ne <u>azez' 77[7n7 an7daajahgo bi[ nida'anish7g77</u> d77 da choyoos'88dgo <u>T['00d66'-B[ Nida'anish7g77</u> [a' bee 1ka'na7da'awo'7 (na'alkaahgo bina'anish7g77 da). Baa</p>

Bee nahaz'1n7g77 d00 bee h1 adahaz't'i'7g77 bee baa hane' biniiy4go, FEHB Naaltsoos bee ha'd7t'4h7g77 biyi' [RI 71-017] kohj8' [www.fepblue.org/brochure] biniiy4 baa nanitla doolee[.

		nid7niit'11l d77 n7 <u>azee' 77['7n7 lka'an7daajah7g77</u> a[ts4 t'ahdoo bee lka'an7da'awo'7g77 bee nik1'e'eyeed d7.
Da' d77sh n7n7zin <u>naaltsoos azee'</u> <u>77['7n7</u> <u>haidii['88hgo</u> <u>11j7'</u> <u>ah0dilaahgo</u> binahj8' bi[ yaa <u>aash doog1lazee'</u> <u>77['7n7 dah</u> <u>haniih7g77?</u>	Dooda	Baa n7nlahgo n1 b7ighah <u>azee' 77['7n7 dah haniih7g77 t'11 n7 n7n7zin7g77 naaltsoos azee' 77['7n7 haidii['88hgo 11j7' ah0dilaahgo t'11 g44d nidi.</u>



T'11 1t'4 **b4eso t'11 h0 nijil4h7g77** d00 **b4eso 1ch'33h naa'nil a122j8' t'11 h0 nijil4h7g77d77**  
naaltsoos bee naashch'33' bik1'7g77 '47 **b44 dahidi'n7[7g77** bik44d00 b7ighah sil99' n7, nidi **b44**  
**dahidi'n7[7g77** boolt2'go.

T'11 hait'44sh99 Ats'77s Nidan4l'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
Ats'77s <b><u>baa'1hay33j7</u></b> <b><u>bainiylago</u></b> <b><u>azee' 77['7n7</u></b> <b><u>an7daajah7g77</u></b> <b><u>sid1h7di</u></b> <b><u>doodago</u></b>	Ts'7d1 a[ts4 aa'1hay1n7g77 haa'7da t7 diinidzaago doodago ts'77 niid00h biniiy4 h22h 1'aln4ehgo	\$10/ yah an1'ad1h7g77. <u>b4eso b44</u> <u>dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da	Al22j8' bee aa'1hay1n7g77, azee' 77'7n7 y4ego dah haniih7g77 bi[ yah an1'ld1h7g77, d00 n11n1 [a' azee' 77[7n7 bi[ yah an1'ld1h7g77 biniiy4go 10 yah an1'ld11h/t'11 [a' yihah7g77 biyi'. [a'ts'ladah (11 <sup>th</sup> )g0ne'

Bee nahaz'1n7g77 d00 bee h1 adahaz't'i'7g77 bee baa hane' biniiy4go, FEHB Naaltsoos bee  
ha'd7t'4h7g77 biyi' [RI 71-017] kohj8' [www.fepblue.org/brochure] biniiy4 baa nanitla doolee[.

T'11 hait'44sh99 Ats'77s Nidan41'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
be'azee' il98di				yah ajigh1h7g77 b4eso b44 dahidi'n7[7g77 d00 b4eso 1ch'33h naa'nil al22j8' t'11 h0 nijil4h7g77 bee hahalzhish. T'11 hait'4ego da t7dinidzaago da d00 t7dinidzaa bik44d00 72 a[h44'ilkid t'11 bich'8'9d00 biniiy4 naah 4'4lyaago doo bik'4k na'nil4e da doolee[.
	<u>Azee' &amp;7['7n7 Dahaniih7g77</u> bi[ yah an1'ad11h	\$10/ yah an1'ad1h7g77. <u>b4eso b44</u> <u>dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da da	Al22j8' bee aa'1hay1n7g77, azee' 77'7n7 y4ego dah haniih7g77 bi[ yah an1'1d1h7g77, d00 n11n1 [a' azee' 77[7n7 bi[ yah an1'1d1h7g77 biniiy4go 10 yah an1'1d1h/t'11 [a' yihah7g77 biyi'. [a'ts'1adah (11 <sup>th</sup> )g0ne' yah ajigh1h7g77 b4eso b44 dahidi'n7[7g77 d00 b4eso 1ch'33h naa'nil al22j8' t'11 h0 nijil4h7g77 bee hahalzhish.

T'11 hait'44sh99 Ats'77s Nidan41'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
	<u>Naa[niih bits'22 1hat'98go bee aa'1hay1n7g77/ da'n417n7g77/</u> azee' naa[niih bits'22 bi[ aa'ada'atsii7g77	Doo b33h a17n7 da b4eso b44 <u>dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da	T'11 bik'4h ni'd77l4e[go sh99 1t'4 bee 1ka'an7da'awo'7 doo Naa[niih bits'22 1hat'7n7g77 Biniiy4 nab7di[kid doolee[ be 1ka'an7da'awo'7 nidzin7g77 daats'7 Naa[niih bits'22 1hat'7n7g77 azee' 77['7n7 an7daajah7g77 !1d00 ni baa nanitla doolee[ naaltoos bee ha'd7t'4h7g7747 yik'4h ni'dool44[ daats'7 biniiy4.

T'11 hait'44sh99 Ats'77s Nidan4l'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
T'11 hait'4ego da nanidiskla'go	Na'alcaah bee <u>7'neel'22h7g77</u> (aghlda'dildlaad, di[ bi[ na'anish)	30% <u>b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	A[ts4 neezn11 (10) na'alcaahgo bee 7'neel'22h7g77 d77 bee 7'neel'33h7 dabik1'7g77 (Hadi[ biyi'di haan4elt'e' ash99h [ikan biyi'7g77 naalcaah7g77; Ats'77s biyi'di ak'ah 1t'4h7g77 n4l'7n7g77; Hadi[ haakaah d00 naalcaah; At's77s biyi'di ak'ah ldaat'4h7g77 nln4l'9h9; Ats'77stah 1hoot'4h7g77; halizh naalcaah) d00 neesn11 (10) ats'00z bighlda'atsigo bee na'alcaah7g77 4ii d77 bits'22 lhat'7n7g77, oots32go d00dago ajishch7h bik44d00 doodago t'11 hait'4ego at7 jiidzaago bits'33d00 jideeznihgo bee an4l'7n7g77 doo bidadeet'i'g00go bee 7'neel'22dgo doo b33h al7n7 da.

T'11 hait'44sh99 Ats'77s Nidan4l'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
	Aghlda'dildlaad (CT/PET scans, MRI's)	30% <u>b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	!din
<b>Ats'77stah honiig1lh doodago nits'77stah lhoot'4h7g77 biniiy4 azee' [a' n7n7zingo Azee' aan7daa'ni[7g7 7 bee ak'4'asti'7g77</b> bee baa hane'7g77 kohj8' fepblue.org/formulary baa ninitlah doolee[	Haz'1n7g77 1 (Azee' T'00 binahj8' lmaat'4h7g77)	\$5/ azee' aan7daa'ni[7g7 7. <u>B4eso b44</u> <u>dahidi'n7[7g77</u> doo b7ilts0od da (30 j9h b7ighaghgo aan1'ni[)	Doo bee ak'4'asti' da	\$15/ azee' aan7daa'ni[7g77 biniiy4go 3l d00 nil47 90-j9h b7ighahgo aan7daa'ni[ Azee' t'00 binahj8' lmaat'4ego doo - ch'7da'bi'dit'1h7g77 doo b00lta' da.
	Haz'1n7g77 2 (Azee' bizhi' binahj8' Ch'7danidi't'1h7g77 , Naa[niih bits'22 lmaat'98go azee' t'00 binahj8' lmaat'4h7g77, d00 Naa[niih bits'22 lmaat'98go azee' bizhi' binahj8' Ch'7danidi't'1h7g77 )	40% <u>b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0</u> <u>nijil4h7g77.</u> <u>B4eso b44</u> <u>dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da	Nil47 \$350/ All1hgo/azee' aan7daa'ni[7g77 yee 30- j9h b7ighahgo aan7daa'ni[. \$1,050 allahgo b7ighah/azee' aan7daa'nil7g77 90- j9h b7ighahgo aan7daa'ni[ bee Azee' dabizhi' doo- ch'7dabi'dit'1h7g77 d00 azee' naa[niih bits'22 lmaat'98go doo- ch'7dabi'dit'1h7g77 doo bideet'i' da.

Bee nahaz'1n7g77 d00 bee h1 adahaz't'i'7g77 bee baa hane' biniiy4go, FEHB Naaltsoos bee ha'd7t'4h7g77 biyi' [RI 71-017] kohj8' [www.fepblue.org/brochure] biniiy4 baa nanitla doolee[.



T'11 hait'44sh99 Ats'77s Nidan4l'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
<b>Azee' il98di yah an1'ld11hj7 nits'77s naashgizhgo da</b>	Haz'1n7g77 bik'4h azllh7g77 (e.g., ats'77s binida'anishgo naalgish bi[ haz'1n7g77)	<u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	{a' ats'77s binida'anish bee 1ka'an7da'awo'7 al22j8' bee 11 aleeh7g77 bee haz'3h. Al22j8' bee 13' aleeh7g77 t'ladoo n7diiltsoozg00go \$100 b4eso ninljid144h.
	Azee' 77['7n7/ azee' 77[7n7 ats'77s yinaalnish7g77 bik'4h azllh7g77	<u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	{a' ats'77s naalgizhgo bee nida'anishgo bee 1ka'an7da'awo'7g77 biniiy4go al22j8' bee 13' aleeh7g77 bee haz'3h. Al22j8' bee 13' aleeh7g77 t'ladoo n7diiltsoozg00go \$100 b4eso ninljid144h.
<b>T'11 hait'4ego da t'11 tsx98[go ad7'n0ol'88[ hwiinidzingo</b>	Nitsihodidi[go biniiy4 aa'1hay3 haz'1n7g77	<u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	<u>30% b4eso ach'33h</u> <u>naa'nil al22j8'</u> <u>t'11 h0</u> <u>nijil4h7g77</u>	72a[h44'ilkid t'11 bich'8' t'11 hait'4ego da y4ego t7 diinidzaago biniiy4 nid7n0ol'88[ 1k0 doo bik'4h ni'd7714e[ da.
	<u>T'11 hait'4ego da</u> <u>nitsihodin7d4elgo</u> <u>bee da'ag4h7g77</u>	<u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	<u>30% b4eso ach'33h</u> <u>naa'nil al22j8'</u> <u>t'11 h0</u> <u>nijil4h7g77</u>	72a[h44'ilkid t'11 bich'8' t'11 hait'4ego da y4ego t7 diinidzaago biniiy4 nid7n0ol'88[ 1k0 doo bik'4h ni'd7714e[ da.

T'11 hait'44sh99 Ats'77s Nidan41'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
	<u>T'11 tsx98[go ats'77s dan41'7n7g77</u>	\$25/ yah anlad1lh. <u>b4eso b44 dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da	72a[h44'ilkid t'11 bich'8' t'11 hait'4ego da y4ego t7 diinidzaago biniiy4 nid7n0ol'88[ 1k0 doo bik'4h ni'd77l4e[ da. T'11 hait'4ego da t'11 tsx98[go ats'77s baa at7hat'9 bee lka'an7da'awo'7 t['00d66'go bi[ nida'anish7 t'11 tsx98[go ad7'n0ol'88[ bee aa'ldahayln7di bee lka'a'oowodgo ni \$25/ t'11 yah anl'ld1lh bee aa'lhayln7 bi[ nanil4e doolee[.
<b>Azee' il9 hootsaa g0ne' sin7dlahgo sh2'</b>	Haz'1n7g77 bik'4h az1lh7g77 (e.g., azee' il'99 g0ne' haz'1n7g77)	<u>30% b4eso ach'33h naa'nil al22j8' t'11 h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	al32j8' naaltsoos bee 44hozin7g77 bee haz'3. Doo t'11 haida al32j8' naaltsoos bee hadil'88h7g77 biniiy4 nihich'8' halne'7g00 azee' il'99 g0ne' asd1h7g77 bee aa'lhayln7g77 \$500 b7ighahgo nlt'33 k0dadiiln77[.
	Azee' 77['7n7/azee' 77[7n7 ats'77s	<u>30% b4eso ach'33h</u>	Doo bee ak'4'asti' da	{a' ats'77s binida'anish bee lka'an7da'awo'7 al22j8' bee l1 aleeh7g77 bee haz'3h.

Bee nahaz'1n7g77 d00 bee h1 adahaz't'i'7g77 bee baa hane' biniiy4go, FEHB Naaltsoos bee  
ha'd7t'4h7g77 biyi' [RI 71-017] kohj8' [www.fepblue.org/brochure] biniiy4 baa nanitla doolee[.

T'11 hait'44sh99 Ats'77s Nidan41'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
	yinaalnish7g77 bik'4h az11h7g77	<u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>		Al22j8' bee 13' aleeh7g77 t'ladoo n7diiltsoozg00go \$100 b4eso nin1jidl44h.
<b>Ints4kees</b> <b>1t'4h7g77,</b> <b>ha'1t'e'</b> <b>1t'4h7g77</b> <b>doodago t'11</b> <b>ha'1t'77sh99</b> <b>azee' d00</b> <b>nlt'oh</b> <b>tsi'nida'ii[1h7</b> <b>g77 bee hach'8'</b> <b>anlhoot'i'go</b> <b>bee</b> <b>1ka'an7da'awo'7</b> <b>g77 [a'</b> <b>n7n7zingo da</b>	Azee' il'98di yah an1'adlh7g77 bee ak1'an7da'awo'7g77	<u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	Azee' il'í,di yah aná'ádaáh aa'áhaya'bee a,a,h á'al'í' bee áka'anída'awo'í biniiyégo Ala,a,'ji, bee la' aleeh bee haz'a.
	Azee' il'99 g0ne' asdlh7g77 bee 1ka'an7da'awo[7g77	<u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	Azee' 71'99 g0ne' asdlh7g77 biniiy4 al32j8' naaltsoos bee hadil'88h7g77 bee has'3h. Doo t'11 haida al32j8' naaltsoos bee hadil'88h7g77 biniiy4 nihich'8' halne'7g00 azee' il'99 g0ne' asdlh7g77 bee aa'1hay1n7g77 \$500 b7ighahgo nlt'33 k0dadiiln77[.

T'11 hait'44sh99 Ats'77s Nidan41'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
Yinilts32go	Azee' 77['7n7 bi[ yah anladh7g77	Doo b33h al7n7 da <u>b4eso b44</u> <u>dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da	Al32j8' bee i[ hane'go bee 44hozin7g77 w0keed. B33h da'il7n7g77 bee a[kl'an1'alwo' d77 naa[niih da bits'22 lhat'98go bee 1ka'an7da'awo'7 biniiy4go doo bi[ da doolee[. Oots'32go bee aa'lhay1n7g77 d77 na'alcaah d00 bee 1ka'an7da'awo'7 SBC (ie., ak'ih na'at'lago bee ats'77s biyi' n41n7g77) biyi' bee baa dahane'7g77 da.
	Ach7igo/aw44' haalteehgo yee dahaniih7g77 bee 1ka'an7da'awo'7g77	Doo b33h al7n7 da <u>b4eso b44</u> <u>dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da	Al32j8' bee i[ hane'go bee 44hozin7g77 w0keed.
	Ach7igo/aw44' haalteehgo haz'32gi bee 1ka'an7da'awo'7g77	\$1,500 al22j8' b4eso t'11 h0 nijil4h7g77. <u>B4eso b44</u> <u>dahidi'n7[7g77</u> doo b7ilts0od da	Doo bee ak'4'asti' da	Al32j8' bee i[ hane'go bee 44hozin7g77 w0keed.

T'11 hait'44sh99 Ats'77s Nidan4l'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
T'11 hait'4ego da hasht'e' ninl'7dlahgi doodago n11n1[a' biniiy4h7g77 ats'77s bee shika'adoowo[ n7n7zingo	<u>Hooghandi ats'77s bee aa'1hayln7g77</u>	\$25/yah anl'1d1h7g77 b4eso b44 dahidi'n7[7g77 doo b7ilts0od da	Doo bee ak'4'asti' da	10 yah anlاد11h bee haz'3h/ ninlhahlahj8'
	<u>T'11 hait'4egi da ats'77s n1k'22s bee 1ka'an7da'awo'7g77</u>	\$25/yah anl'1d1h7g77 b4eso b44 dahidi'n7[7g77 doo b7ilts0od da	Doo bee ak'4'asti' da	25 yah anlاد11h bee haz'3h/ ninlhahlahj8'. Ats'77s tah, naanish d00 saad bee ylti' bee n7da''ak'22s b001t2'
	<u>T'11 Ha'1t'77sh99 Bee N1'ak'22s bee 1ka'an7da'awo'7g77</u>	\$25/yah anl'1d1h7g77 b4eso b44 dahidi'n7[7g77 doo b7ilts0od da	Doo bee ak'4'asti' da	25 yah anlاد11h bee haz'3h/ ninlhahlahj8'. Bee ak'4'asti'7g77 47 Ats'77s tah, naanish d00 saad bee ylti' bee n7da'ak'22s bee haz'3h.

T'11 hait'44sh99 Ats'77s Nidan41'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
	<u>Azee' neik1h7 bi[ b44 hozin7g77 bee aa'lhayln7g77</u>	Doo bee ak'4'asti' da	Doo bee ak'4'asti' da	!din
	<u>Bee nida'anish7 nizaadg00 dina'7g77 bee at's77s dan41'7n7g77</u>	30% b4eso <u>ach'33h naa'nil al22j8' t'11 h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	Bee 1ka'an7da'awo'7g77 [a' al22j8' bee 13' aleeh7g77 bee haz'3h. Al22j8' bee 13' aleeh7g77 t'1ladoo n7diiltsoozg00go \$100 b4eso ninljid144h.
	<u>T'11 Y4ego Hats'77s Bich'8' anlhoot'i'go bee ak1'an7da'awo'7g77</u>	T'11 A[k'id33' Hooghandi T'11 Y4ego Hats'77s Bich'8' Anlhoot'i'go bee Aa'ldahayln7g7 7 d00 T'11 N11sg00 Hooghandi T'11 Y4ego Hats'77s Bich'8'	Doo bee ak'4'asti' da	Ats'77s y4ego bich'8' anlhoot'igo bee aa'lhayln7g77 bi[ haz'1n7g77 biniiy4go al22j8' bee 11 aleeh7g77 bee haz'3h. Al22j8' bee 13' aleeh7g77 t'1ladoo n7diiltsoozg00go \$100 b4eso ninljid144h. T'11 ladi jizd2ago T'11 Y4ego Hats'77s Bich'8' Anlhoot'i'go bee Aa'ldahayln7g77: Ats'77s y4ego bich'8' anlhoot'igo

T'11 hait'44sh99 Ats'77s Nidan4l'88hgo bil N7dahoot'aah7g 77	Bee !ka'an7da'awo' Choid77['88[7g77	Ha'1t'77sh99 T'11 Ni Bik'4h N7'nil4h7g77		Bee Nidahaz'7n7g77, Bee L3h Hwiinidzin7g77 d00 N11n1 {a' Bee \$4dahozin B7daholn7h7g77
		Azee' &7['7n7 Bi[ Nida'anish7g77 (T'11 ni hoyahgo 1n4elt'e'go nanil4h7g77)	Azee' &7['7n7 T['0o'di - Bi[ Nida'anish7g77 (T'11 ni allahgo 1n4elt'e'go nanil4h7g77, n11billahj8' bee 22h h11jil 1n4elt'4 b77'oh7g77 t'11 ni)	
		Anlhoot'i'go bee Aa'1dahay1n7g7 7: Doo b33h al7n7 da T'11 ladi jizd2ago T'11 Y4ego Hats'77s Bich'8' Anlhoot'i'go bee Aa'1dahay1n7g7 7: <u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>		bee aa'1hay1n7g77 bi[ haz'1n7di 30 j9h t'11 a[k44' asdlh7g77 bee aa'1hay3h.
Na'1[ch7n7 biwoo' doodago bin11' bee baa'1hay32doo n7n7zingo	![ch7n7 bin11' n7dan4l'88h7g77	<u>30% b4eso</u> <u>ach'33h</u> <u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>	Doo bee ak'4'asti' da	Ats'77s t'11 haash99 yit'4ego bich'8' anlhoot'i'go biniiy4 22h 1'al7n7g77 biniiy4 hodi'n4l'98go bee ak'4'asti'7g77 haash99 nizahj8' bee haz'3h.
	![ch7n7 bin1k'ee sinil7	<u>30% b4eso</u> <u>ach'33h</u>	Doo bee ak'4'asti' da	Ats'77s t'11 haash99 yit'4ego bich'8'

Bee nahaz'1n7g77 d00 bee h1 adahaz't'i'7g77 bee baa hane' biniiy4go, FEHB Naaltsoos bee ha'd7t'4h7g77 biyi' [RI 71-017] kohj8' [www.fepblue.org/brochure] biniiy4 baa nanitla doolee[.

<b>T'11</b> <b>hait'44sh99</b> <b>Ats'77s</b> <b>Nidan41'88hgo</b> <b>bil</b> <b>N7dahoot'aah7g</b> <b>77</b>	<b>Bee !ka'an7da'awo'</b> <b>Choid77['88[7g77</b>	<b>Ha'1t'77sh99 T'11 Ni Bik'4h</b> <b>N7'nil4h7g77</b>		<b>Bee Nidahaz'7n7g77, Bee L3h</b> <b>Hwiinidzin7g77 d00 N11n1 {a'</b> <b>Bee \$4dahozin B7daholn7h7g77</b>
		<b>Azee' &amp;7['7n7</b> <b>Bi[</b> <b>Nida'anish7g77</b> <b>(T'11 ni</b> <b>hoyahgo</b> <b>1n4elt'e'go</b> <b>nanil4h7g77)</b>	<b>Azee' &amp;7['7n7</b> <b>T['0o'di - Bi[</b> <b>Nida'anish7g77</b> <b>(T'11 ni allahgo</b> <b>1n4elt'e'go</b> <b>nanil4h7g77,</b> <b>n11billahj8' bee</b> <b>22h h11jil</b> <b>1n4elt'4</b> <b>b77'oh7g77 t'11</b> <b>ni)</b>	
		<u>naa'nil</u> <u>al22j8' t'11</u> <u>h0 nijil4h7g77</u>		anlhoot'i'go biniiy4 n1k'ee sinil7 aan1'ni[7g77 t'11[a'7go haash99 nizahj8' bee haz'3h.
	![ch7n7 biwoo' n7dan41'88h7g77	Doo bee ak'4'asti' da	Doo bee ak'4'asti' da	!din

**Bee Ak1'an7da'awo' Doo B00lt2' daa7g77 d00 N11n1 {a' Bee Ak1'an7da'awo' Bee Ak'4'asti'7g77**

**Ni Naaltsoos Bee N1 ha'd7t'4h7g77Bee !ka'an7da'awo'7 DOO ![ahj8' Yee Ak'4'asti' daa7g77 (ninaaltsoos FEHB bibee haz'lanii doodago naaltsoos bee ha'd7t'4h7g77 naaltsoos bee baa hane'go hadad7t'4h7g77 d00 bee lka'an7da'awo'7 doo b00lt2' daa7g77 n1h4esdzoo7g77 biyi' baa nan7tlah doolee[.)**

- Ats'77s [ahgo at'4ego  
aln4ehgo bee ats'77s  
bina'anish7g77
- Awoo' nidan41'88h bee  
aa'1hayln7g77 (N11s  
naazl9'7g77)
- Jee' n1'ni[
- Nida'iich77h bich'8' azee'  
22h 117n7g77
- Nizaadg00 aa'1hayln7g77
- T'11 sahdii azee' neiklh7 h1  
naalnish7g77
- T'11 hoolzhish an11'  
n7dan41'88h7g77 (N11s  
naazl9'7g77)
- Azhni[dls7g77 bi'oh aln44h  
biniiy4 bi[ nahaz'1n7g77



**N11n1 [a' bee lka'an7da'awo' bee ak'4da'asti'7g77 (Haash99 nizahj8' bee nahaz'ln7g77 bee ahoot'i' doolee[ sh2shin. D77 n11h4esdzoo7g77 doo t'11 lt'4 da. T'11 sh--d7 ni naaltsoos FEHB bee ha'd7t'4h7g77 bee hadadilyaa7g77 n7ni['9h.)**

- Ats'77s bik11'g00 tsah haa'adaatsihgo bee 22h 1'al7n7g77 (10 yah an1'ad11h/ ninlhahlah bik'eh)
- Ats'77s k'ah hahalt'oodgo bee ats'77s bina'anish7g77
- Ats'77s naalts'--d bee n1'ak'22s bee aa'lhayln7g77 (10 yah an1'ad11h/ ninlhahlah bik'eh)
- U.S t['00'g00 ch'aana'adlago doo-tsihodin7d4lgo bee aa'lay3h.
- Naa[niih metabolic doodago peripheral vascular woly4h7g77 biniiy4 naah lna'al'88hgo t'11 hoolzhish ak'ee' n7dan4l'88h bee aa'lhayln7g77go.

**Bee Ak'4'asti' T'11 N11sg00 bee Nik'4'asti' Doolee[7g77 bich'8' bee nladahazt'i'7g77:** Bee ak'4'asti' nits'33' bee i'77'32go d00 t'11 n11sg00 bee nik'4'asti' doolee[ n7n7zingo [a' nahaz'3 [a' yee n7ka'adooljahgo lt'4. FEHB Naaltsoos bee ha'd7t'4h7g77 biyi', ni HR bi[ haz'ln7g77/naanish woob88h bi[ haz'ln7g77 bich'8' holne', ninaaltsoos bi[ ha'd7t'4h7g77 kohj8' [contact number] bich'8' hod7ilnih doodago kohj8' [www.opm.gov.insure/health](http://www.opm.gov.insure/health) baa ninitlah doolee[. !t'4h7gi lt'4ego, d77 naaltsoos bee nlha'd7t'4h7g77 biyaad00 bee ak'4'asti' nits'33' ne' h0dzaago, lko 7nda, n11n1 t'11 ha'lt'77sh99 biniinaa7g77 binahj8'go, 3l-j9h t'11 j77k'eh bee ak'4'asti'7g77 n1 n11s bee hoolzhish7g77, naaltsoos bee t'11[aj8' bee ha'dilyaa7g77 (doo-FEHB t'11 [a' jiz9h naaltsoos bee ha'd7t'4h7g77), bi[ hidin7'nlanii t'11 a[hee[t'4ego bee ak'4'asti'7g77, doodago t'11 haash99 nizahj8' bee ak'4'asti' (TCC) t'11 n11s bee naa'an11hay32 doolee[7g77 daats'7 bee n1 an11hoot'i' doolee[go l't3. N11n1 [a' bee ak'4da'asti' bee adahazt'i'7g77 [a' n1 h0l=-go lt'4, Ats'77s B4eso bee !ch'33h Naa'nil Nida'iiniih Bi[ Nahaz'ln7g77 bi[ t'11 slh7 b4eso bee lch'33h naa'nil nahidoonih7g77 nidi. Nida'iiniih Bi[ Nahaz'ln7g77 bee baa hane'7g77 biniiy4go, kohj8' [www.HealthCare.gov](http://www.HealthCare.gov) baa nanitla doolee[ doodago kohj8' 1-800-318-2596 hod7ilnih.

**T'11 Hait'4ego Da N7ni' Yii'a'go Bee Ninl'ilts00s Niilts0s7g77 d00 Naaltsoos N1t'33 Nin11ts0s7g77 Bee Nladahazt'i'7g77:** Ninaaltsoos bee nlha'd7t'4h7g77 biyaad00 t'11 hait'4ego da bee ak'4'asti' biniiy4 naaltsoos bee n1'0keed7g77 dooda ni'dooniidgo doo bi[ yl'1t'44hg00go, nlt'33' naaltsoos bee ninlni[ts0osgo daats'7 n1 b7ighah doolee[. Naaltsoos nlt'33' ninlni[ts00s bee nladahazt'i'7g77 bee baa hane'7g77 biniiy4 3 g0ne' saad dahshijaa'7g77 , "Hait'4ego bee naa'ahly3," d00 8 g0ne' saad dahshijaa'7g77 "Naaltsoos bee n1'0keed bee a[gha'dit'1h7g77," FEHB naaltsoos bee ha'd7t'4h7g77 biyi' baa nanitla doolee[. Shikl'a'doowo[ n7n7zingo, ni[ haz'32di BCBS bi[ nahaz'ln7g77 na'ii[niih7 bikl'anida'awo' ni FEP Blue Focus ninaaltsoos nit['iz7 bide'd66' b44sh baa hane'7 bikl'7g77 bee bich'8' hod7ilnih. [insert applicable contact information from instructions].

Bee nahaz'ln7g77 d00 bee h1 adahazt'i'7g77 bee baa hane' biniiy4go, FEHB Naaltsoos bee ha'd7t'4h7g77 biyi' [RI 71-017] kohj8' [www.fepblue.org/brochure] biniiy4 baa nanitla doolee[.

**Da' d77 naaltsoos bee ha'd7t'4h7g77sh ach'8' kw77['9h A'ohgo T'11 &iyis77 bee Ak'4'asti'7g77? [Aoo']**  
Minimum Essential Coverage yi[n7n7g77 47 naaltsoos bee hada'd7t'4h7g77, ats'77s b4eso bee ach'33h naa'nii d77 Marketplace bi[ doodago n11n1 [a' baa nida'iiniih7 bi[ hada'd7t'4h7g77 d77 Medicare, Medicaid, CHIP, TRICARE, d00 n11n1 [a' bee ak'4da'asti'7g77. D77 Minimum Essential Coverage yi[n7n7g77 [a' bee n1'ahoot'i'go, d77 inlolt2'7 hldadilne'di y111 nik'ihj8' y7d0oltah7g77 doo bee n1 ahoot'i' da doolee[.

**Da' d77 naaltsoos bee ha'd7t'4h7g77sh b7ighah lyosin A'ohgo T'11 Bik'ehgo Nahaz'1n7g77? [Aoo']**  
Ni naaltsoos bee ha'd7t'4h7g77 doo 7ighah 77144hg00go A'ohgo T'11 Bik'ehgo Nahaz'1n7g77, bee da n1'ahoot'i' doolee[ 7n0alt2'7 bee aa'hajooba'7g77 1n4elt'e' naaly4h7g77 47 nik1'ldoolwo[ ni'd77144[go naaltsoos bee ha'd7t'4h7g77 Nida'iiniih Bi[ Nahaz'1n7g77.

**Saad Bee !ka'an7da'awo'7g77:**

[Spanish (Español): Para obtener asistencia en Español, llame al servicio de atención al cliente al número que aparece en su tarjeta de identificación.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa numero ng serbisyo sa customer na nasa inyong ID card.]

[Chinese (中文): 請撥打您 ID 卡上的客服號碼以尋求中文協助。.]

[Navajo (Dine): Diné k'ehjí yá'áti' bee shíká'adoowof nohsingo naaltsoos nihaa halne'go nidaahinígíí bine'déé' Customer Service bibéesh bee hane'é biká'ígíí bich'í' dahodoolnih.]

*D7n4esh'88[ n7n7zingo biniiy4 binahj8' hane'7g77 d77 naaltsoos bee ha'd7t'4h7g77 hait'4ego b33h al7n7g77 yee yik'4'asti' doolee[7g77 at's77s n7dan41'88h d00 azeé' 22h 11'7n7g77 bi[ haz'32gi,*

B



D77 doo b33h da'il7n7g77 a[h7iyiiz0h7g77 1t'4e da. Bee 22h 1da'al7n7g77 47 t'00 binahj8' hane'7g77 1t'4 hait'4ego d77 naaltsoos bee ha'd7t'4h7g77 at's77s n7dan4l'88h d00 azee' 22h 1l'7n7g77 bee aa'1hay1n7g77 yik'4'asti' doolee[7g77 1t'4. T'11 hait'4h7g77 bee naa'1hly2'n7g77 binahj8' d77 t'11 7iyis77 b33h a17n7g77 ni azee' 77[7n7 an7daajah7g77 y33h 7[7n7g77, d00 n11n1 [a' bidad44t'i'7g77 bee [ahgo 1t'4e doolee[, B33h da'il7n7g77 bee ahaanits1h1kees7g77 1n4elt'4'7g77 (b44 hidi'n7 [7g77, al22j8' b4eso t'11 h0 nijil4h7g77 d00 b4eso 1ch'33h naa'nil al22j8' t'11 h0 nijil4h7g77) d00 bee 1ka'an7da'awo' doo bidoalt2'7g77 biyaad007g77 y4ego n7n7['9h naaltsoos bee ha'd7t'4h7g77. D77 choid77['88[b33h da'al7n7g77 bi[ a[h22h naninilgo bee hane'7g77 47 n11n1 [a' at's77s naaltsoos bee ha'd7t'4h7g77 T'11 sh==d7 d77 bee ak'4'asti' binahj7' hane'7g77 47 t'11 h0-t'e7y1 bee ak'4'asti'7g77 binahj8' hane' at'4.

**Peg Be'aw44' Haleeh**  
(n7deezid hone'4 bi[ nida'anish7g77 oots43go n7dahodi'n4[88hgo bee

- **D77 naaltsoos bee ha'd7t'4h7g77 t'11 1t'4go haan4elt'e' \$500**
- **Azee' &7['7n7 Dahaniih7g77 [b33h a17n7g77 a[ts'33j7 hodeet'i'7g77] \$10**
- **Azee' &19 Hotsaa (haz'1n7g77) [b33h a17n7g77 a[ts'33j7 hodeet'i'7g77] \$1500**
- **N11n1 [a' [b33h a17n7g77 a[ts'33j7 hodeet'i'7g77]30%**

D77 BINAHJ\*' HANE' &G&& bi[ nidahoot'aah7g77 d77 bee 1ka'an7da'wo' y7yo[ta'7g77 47: Azee' 77['7n7 Dah Haniih7g77 bi[ yah an1'ad1h7g77 (oots32go bee aa'1hay1n7g77)

Aw44' Nidahach77h7g77/ Aw44' Hadayiin77[ Yee Dahaniih7g77 Bee !ka'an7da'awo'7g77 Aw44' Nidahach77h7g77/ Aw44' Haha'n77[ Bi[ Nahaz'1n7gi Bee !ka'an7da'awo'7g77 Na'alcaah bee 7'neel'22h7g77 (ats'77s biyi'di hodiits'a'7g77 bee agh1da'dildlaad d00 di[ bi[ na'anish) Azee' 77['7n7 Dah Haniih7g77 bi[ yah an1'ad1h7g77 (azee' bi[ aa'ada'atsihgo hats'77stah doo ahaly32 da 1yii['88h7g77)

<b>Binahj8' Hane'go T'11 !t'4 B33h A17n7g77</b>	<b>\$12,700</b>
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**D77 binahj8' hane'7g77, Peg naidool4[7g77:**

<i>B33h &amp;l7n7g77 Bee Ahaanits7j1kees7g77</i>	
B44 Dahidi'n7[7g77	\$0
Al22j8' B4eso T'11 H0 Nijil4h7g77	\$1500
B4eso Ach'33h Naa'nil Al22j8' T'11 H0 Nijil4h7g77	\$0
<i>Ha'1t'77sh99 doo bee ak'4'asti'7g77</i>	
Bee Nahaz'1n7g77 doodago doo b001t2' daa7g77	\$60
<b>Peg t'11 1't4 naidool4[7g77 47</b>	<b>\$1560</b>

**Joe Ash88h {ikan Ats'77s  
yich'8' Naa[niih 2  
at'3h7g77 (n11haij8'  
!t'4h7g77 b1 baa'1hay1n7g77  
hone'4 bi| nida'anish7g77**

- **D77 naaltsoos bee  
ha'd7t'4h7g77 t'11 1t'4go  
haan4elt'e' \$500**
- **Azee' &7['7n7 Dahaniih7g77  
[b33h a17n7g77 a[ts'33j7  
hodeet'i'7g77] \$10**
- **Azee' &19 Hotsaa  
(haz'1n7g77) [b33h a17n7g77  
a[ts'33j7 hodeet'i'7g77]30%**
- **N11n1 [a' [b33h a17n7g77  
a[ts'33j7 hodeet'i'7g77]30%**

D77 BINAHJ\*' HANE' &G&& bi|  
nidahoot'aah7g77 d77 bee  
1ka'an7da'wo' y7yo[ta'7g77 47:  
Ts'7d1 1[ts4 aa'1hay2n7g77  
azee' 77['7n7 bi| yah  
an1'adlh7g77 (t'11  
ha'1t'77sh99 naa[niih  
1daat'4h7g77 b7na'niltin)  
Na'alcaah bee 7'neel'22h7g77  
(di| bi| na'anish)  
Azee' 77['7n7 azee' t'11 h0  
haan1'ni[7g77  
Bee nida'anish7 bee at's77s  
dan4l'7n7g77 (glucose  
woly4h7g77 bee  
b7'neel'22h7g77)

<b>Binahj8' Hane'go T'11 !t'4 B33h A17n7g77</b>	<b>\$5.600</b>
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**D77 binahj8' hane'7g77 biyi',  
Joe niidool4[7g77:**

<i>B33h &amp;17n7g77 Bee Ahaanits7j1kees7g77</i>	
B44 Dahidi'n7[7g77	\$500
A122j8' B4eso T'11 H0 Nijil4h7g77	\$200
B4eso Ach'33h Naa'nil A122j8' T'11 H0 Nijil4h7g77	\$1300
<i>Ha'1t'77sh99 doo bee ak'4'asti'7g77</i>	
Bee Nahaz'1n7g77 doodago doo b00lt2' daa7g77	\$20
<b>Joe t'11 1't4 naidool4[7g77 47</b>	<b>\$2020</b>

**Mia bitsin t'11 a[ts77s7'go  
k'4'4lt1--h**

(h0ne'4-bi[nida'anish7g77  
nitsihodidi[go da'n4l'9 b1

- **D77 naaltsoos bee  
ha'd7t'4h7g77 t'11 1t'4go  
haan4elt'e' \$500**
- **Azee' &7['7n7 Dahaniih7g77  
t [b33h a17n7g77 a[ts'33j7  
hodeet'i'7g77] \$10**
- **Azee' &19 Hotsaa  
(haz'1n7g77) [b33h a17n7g77  
a[ts'33j7 hodeet'i'7g77] 30%**
- **N11n1 [a' [b33h a17n7g77  
a[ts'33j7 hodeet'i'7g77] 30%**

D77 BINAHJ\*' HANE' &G&& bi|  
nidahoot'aah7g77 d77 bee  
1ka'an7da'wo' y7yo[ta'7g77  
47:  
nitsihodidi[go da'n4l'9 b1  
haz'1n7 g0ne' (ats'77s  
dan4l'7n7g77 chdoa'7n7g77)  
Na'alcaah bee 7'neel'22h7g77  
(aghlda'dildlaad, di| bi|  
na'anish)  
Bee nida'anish7 bee at's77s  
dan4l'7n7g77(gish)  
T'11 hait'4egi da ats'77s  
n1k'22s bee  
1ka'an7da'awo'7g77 (ats'77s  
n1k'22s)

<b>Binahj8' Hane'go T'11 !t'4 B33h Al7n7g77</b>	<b>\$2,800</b>
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**D77 binahj8' hane'7g77, Mia  
neidool4[7g77**

<i>B33h &amp;l7n7g77 Bee Ahaanits7jlkees7g77</i>	
B44 Dahidi'n7[7g77	\$500
Al22j8' B4eso T'11 H0 Nijil4h7g77	\$100
B4eso Ach'33h Naa'nil Al22j8' T'11 H0 Nijil4h7g77	\$40
<i>Ha'1t'77sh99 doo bee ak'4'asti'7g77</i>	
Bee Nahaz'ln7g77 doodago doo b00lt2' daa7g77	\$0
<b>Mia dikw77h neidool4l7g77 47</b>	<b>\$1000</b>